Legislative Update on Military and Veterans Benefits

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Program Director Financial and Benefits Education/Counseling MOAA Transition Center



Your Speaker Today

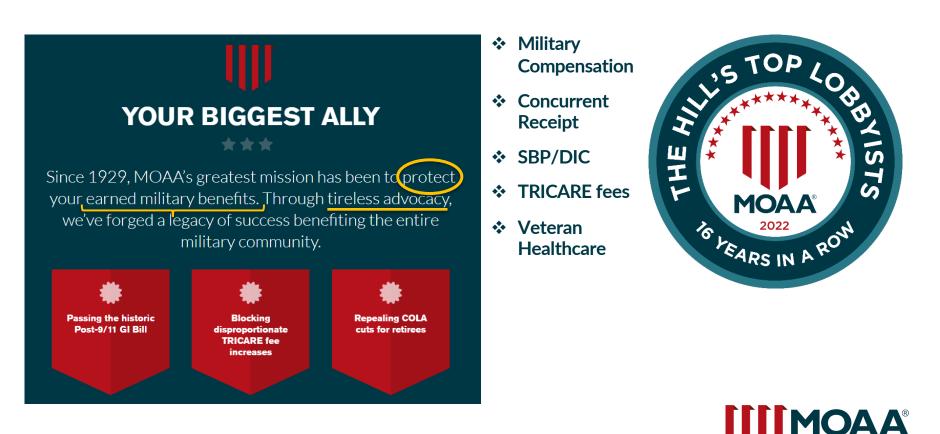


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MOAA = Advocacy for All Ranks

When earned pay and benefits are threatened, MOAA stands ready to protect and defend <u>all ranks</u> of all eight uniformed services present, past, and future.



Never Stop Serving

MOAA operates two charitable subsidiaries to help military and veteran families enjoy a quality of life they have earned through their service.



- ✓ Career Transition
- Military Spouse Professional Development
- ✓ Professional Education Outreach
- ✓ Community Outreach & Emergency Relief



- 100% of your donation goes to a student
- \$160M to 16,000 students
- 2021-2022: 1,100+ students awarded \$8M

- Active duty
- Reserve &
 National Guard
- Retirees



- Veterans
- Military Spouses & Families
- Extended Military
 Community

To learn more and to join the efforts, visit www.moaa.org/donate



The Military Coalition



| AAAA | COA | MOAA-VP | TREA |
|--------|--------|----------------------|-----------------------|
| AFA | CWOA | MOPH | <mark>USAWOA-P</mark> |
| AFSA | FRA-VP | NERA | USCGPOA |
| AMSUS | GSW | NCOA | VFW |
| AMVETS | IAVA | <mark>NMFA-VP</mark> | VVA |
| AUSA | JWV | ROA | VETS FIRST |
| AUSN | MCA | SWAN | WWP |
| BSF | MCL | TAPS | |
| BVA | MCRA | TIF | |

35 Organizations—5.5 million strong Highlighted=TMC Leadership



Source: The Military Coalition

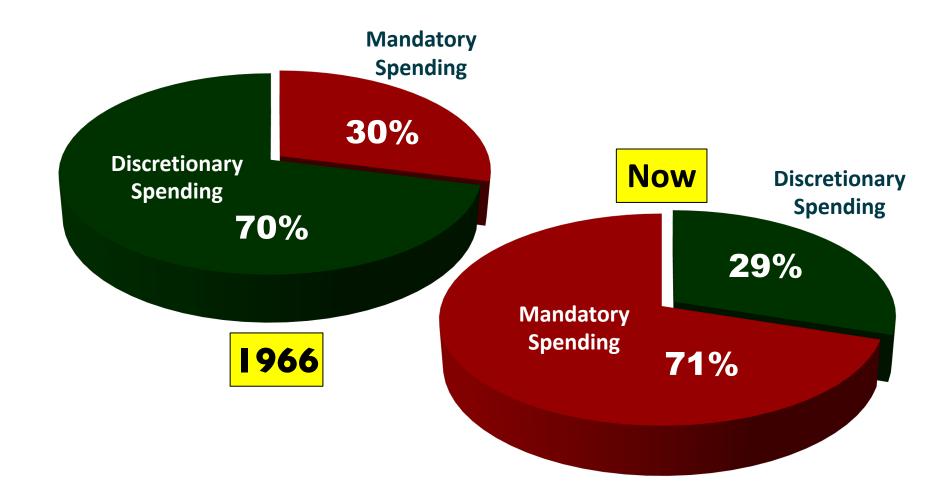
To All of You Who... are wearing the uniform... have worn the uniform... supported your Service member... **THANK YOU!**



The Legislative Big Picture

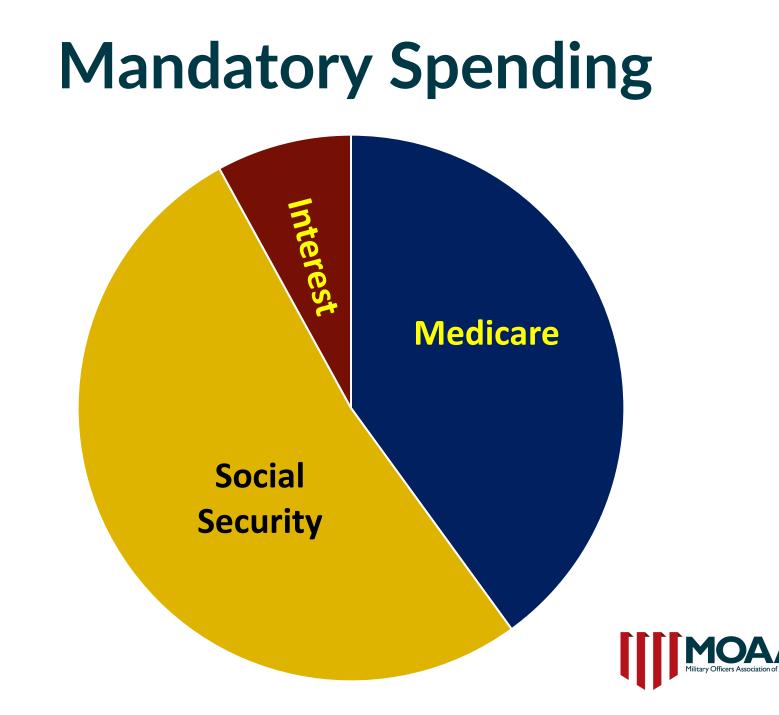


Where the Fed Money Goes



"Discretionary spending now makes up only about a third of the federal budget, with the remaining two-thirds coming from entitlement programs and other "mandatory" spending, according to figures from the **House Budget Committee**. And it wasn't always so. In 1966, those ratios were almost precisely reversed, with entitlement money making up just a third of the budget, committee figures show." Congressional Quarterly 5Feb16 "Evading the Elephant" Numbers from OMB, @Federal-Budget.insidegov.com and Congressional Research Service, "Mandatory Spending Since 1962." March 2015.

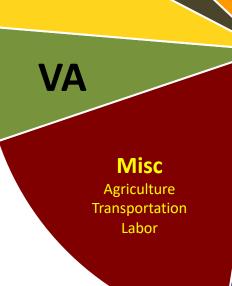




Discretionary Budget

2024 proposals: NDAA \$842B (3% inc) VA \$325 (5% inc)

- DOD
- Other
- VA
- **HHS**
- Education
- Hm Sec
- St Dept
- Energy
- NASA







The Political Environment

- Trillions spent on COVID-19 and economy
- Deficit and Debt
- Inflation
- Crime
- Police reforms
- Social unrest

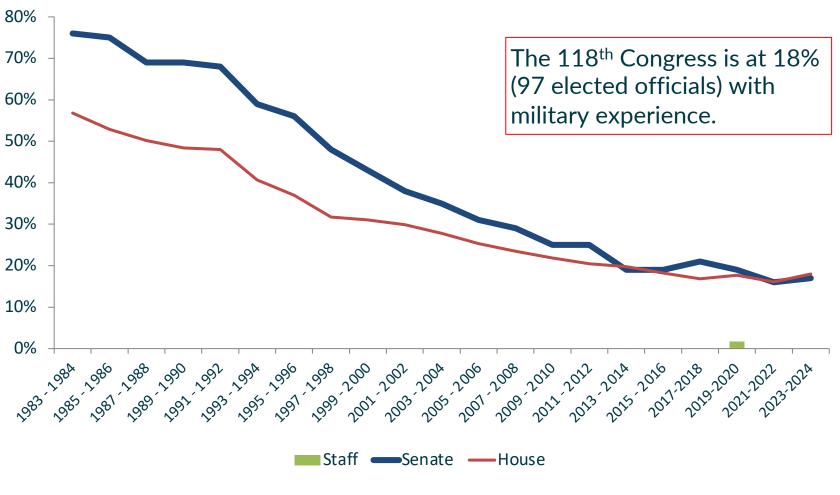


DoD Environment

- Flat DoD budgets in the future will require tough prioritization (Year-long CR is a threat)
- Pivot from Contingency Operations to peer/near-peer conventional threats requires significant modernization and funding
- Planned cuts to Military Health System difficult to reconcile with COVID lessons learned (on hold for 5 yrs/2023 NDAA)
- Congress desires to reduce entitlement costs
- Sexual assault and privatized housing scandals
- Suicide rates are moving in the wrong direction
- Each fiscal year, for the last **27** years, has started either under a CR or a government shutdown



Military Experience in Congress

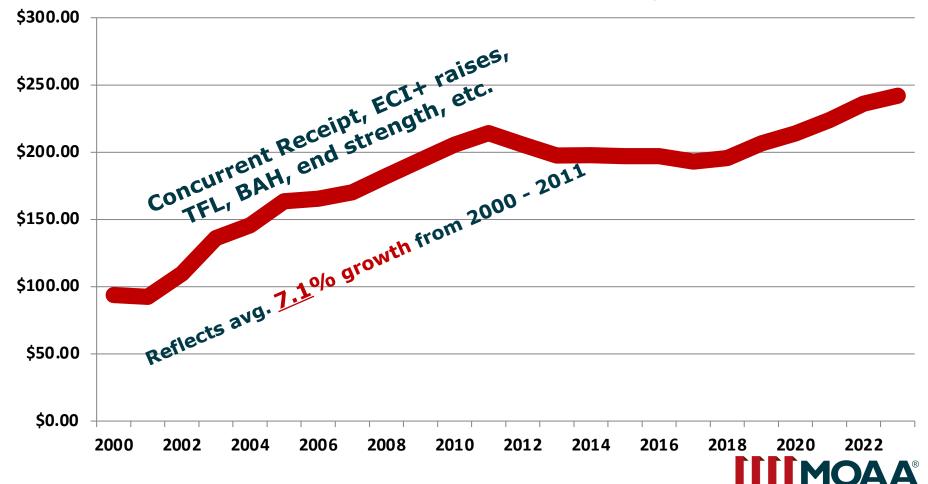


Sources: Military Times, Pew, and HillVets



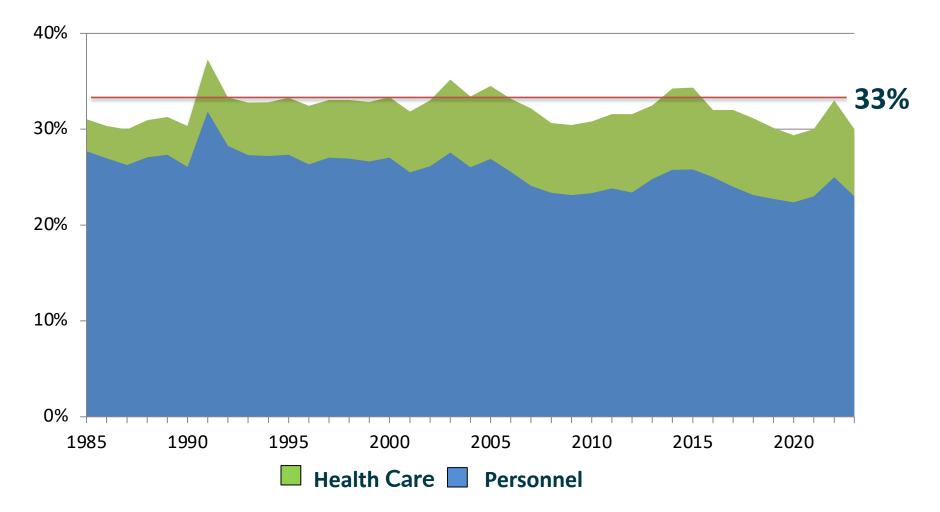
DOD Personnel-Health Care

Expense Defense Personnel and Health Programs



Outlays in \$ Billions Source: NDAAs

Personnel Costs as % of DoD Budget



For decades, on average, less than one-third of the defense budget (under subtotal of "DoD-Military") went to military personnel and health care costs. Sources: Table 3.2 Outlays by Function: <u>https://www.whitehouse.gov/omb/historical-tables/</u> Table 15.1 Total Outlays for Health Programs – same link as above



FY 2023/2024 Legislative Priorities



COMPENSATION AND SERVICE EARNED BENEFITS

Problem:

• DOD is in a war for talent, struggling to meet baseline recruiting goals.

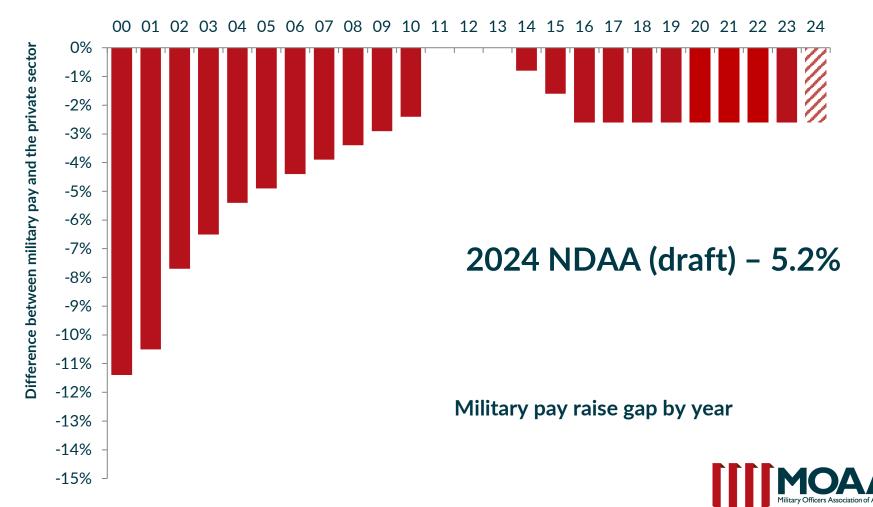
Actions:

- Ensure pay at or above ECI and ensure all allowances and programs necessary to recruit and retain a quality force.
- Ensure pay continues for all eight uniformed services during a government shutdown.
- Provide for concurrent receipt of military retired pay from DOD and disability pay from the VA.



Military Pay Steady but Behind

After years of hard work by MOAA and Congress to eliminate the 1999 13.5% pay gap, military pay raises once again edged into the negative territory currently projected at a 2.6% gap behind the private sector for 2024



0% Base line is Employment Cost Index by Bureau of Labor Statistics

MILITARY HOUSING

Problem:

 Basic Allowance for Housing (BAH) is designed to cover 95% of housing costs, but ~75% of military families are paying over \$200 out of pocket each month.

Actions:

- Restore BAH at 100% of researched housing costs per Military Housing Area.
- Ensure barracks are safe and healthy places to live, verified by the chain of command and government-owned work centers.
- Codify procedures and authorities to increase out-of-cycle housing allowances to address emergencies such as reduced housing availability and rising utility costs.



HEALTH CARE FOR CURRENTLY SERVING AND RETIREES

Problems:

- Beneficiaries are paying more for prescription drugs while the TRICARE Pharmacy Program has been slashed.
- Military health system (MHS) reforms have resulted in higher fees and copays and beneficiaries are paying more for outdated TRICARE coverage
- Massive reorganization to direct care system yet there is still minimal visibility on impacts to patient access, quality of care, and the patient experience.

Actions:

- Reverse cuts to the pharmacy benefit and establish policy guardrails to ensure access
- Fix the TRICARE Young Adult parity issue by extending eligibility to dependents up to age 26 with no separate premium
- Require DOD to establish a transparent problem reporting system for beneficiaries experiencing MTF access challenges, including an annual report to Congress on steps taken by the Defense Health Agency.



HEALTH CARE AND BENEFITS FOR VETERANS

Problems:

 Providing 14 different types of longterm care is placing increased demand on the department's health care system.

• The aging VA infrastructure and high level of vacancies put the success of bills like the PACT Act and caregiver programs at risk.

• The VA has struggled to implement MISSION Act regulations and reassessing caregiver eligibility under the new program.

Actions:

• Monitor recent major legislation in the areas of health care, compensation, and follow-on support for surviving spouses and families, and seek statutory or policy changes as required.

• Compel Congress and the VA to accelerate caregiving and whole health care services and modernize the Veterans Health Administration workforce and facility infrastructure to improve veterans access to high quality care.



SERVICE FAMILIES

Problems:

• Military spouses struggle with employment and underemployment across the board and are constantly fighting to find and maintain work through PCS moves.

• Lack of accessible, affordable childcare compounds this issue. In 2020, DOD reported nearly 9,000 military children were on waiting lists for childcare.

• Nearly a quarter of active duty servicemembers experience some level of food insecurity, due to challenges with employment and suitable childcare.

Actions:

• Improve congressional support for uniformed services families: enhance programs to support spouse employment, ensure implementation of an effective basic needs allowance, and provide accessible, affordable childcare options.



SURVIVORS

Problems:

• When a retired servicemember passes, DFAS often recoups their last month of retirement pay. This is frequently a terrible surprise for a new survivor and adds unnecessary financial stress to a grieving widow/widower.

• SGLI/VGLI have not kept up with inflation. Dependency and Indemnity Compensation (DIC) also has fallen behind the levels of other federal survivor programs.

Actions:

- Repeal the recoupment of last month's paycheck after retiree's passing.
- Continue to improve SGLI/VGLI updates to match inflation.
- Improve DIC baseline to align with other government entitlements' baseline of 55%



GUARD AND RESERVE

Problems:

• The reserve component (RC) is also facing a recruiting crisis. Members of the National Guard and Reserve must sustain their readiness, and medical care is required to keep the force deployable while supporting recruiting and retention.

• RC retirees have excessively long wait times before they receive their first paychecks.

Actions:

- Overcome the lack of TRICARE coverage for the RC to maintain readiness.
- Overcome delayed pay for Guard and Reserve members when they are promoted or when they retire.
- Continue to support Guard and Reserve leaders while advancing legislative and policy solutions to support the total force.



Advocacy in Action Campaign

Each Spring, MOAA Councils and Chapters—with support from the National Headquarters—bring specific, high priority legislative actions to every member of Congress

This year's campaign focused on the overarching theme Support the All-Volunteer Force

- Pay Full Housing Costs for Servicemembers
- Restore the TRICARE Pharmacy Network



Review Recent Developments/Changes



What Happens With Every New Congress?

- CBO is asked *How can we reduce spending?*
- CBO opens their filing cabinets and pulls out previous ideas on military benefits:
 - Increase TRICARE fees, institute TFL enrollment fees, eliminate concurrent receipt, end IU at retirement age, etc.
- This year they proposed a new idea:
 - Means test for VA disability compensation reduce compensation for veterans making over a set amount or make disability compensation taxable.
- MOAA and The Military Coalition remain steadfast in fighting outrageous proposals like this one

Concurrent Receipt

• Two Types

- Concurrent Retirement and Disability Pay (CRDP)
- Combat Related Special Compensation (CRSC)





Concurrent Receipt – How it Works

CR = Restoration of vested retired pay due to years of service/disability rating

Without CR

Retired pay - <u>VA Waiver</u> Net Retired Pay + <u>Full VA comp</u>

Total compensation

<u>Without CR</u> <50% VA rating <u>Or</u> <20 years of service No Service combat rating



With CRSC Retired pay - VA Waiver Net Retired pay Full VA comp CRSC Check Total compensation CRSC Any VA rating

Any years of service Must be combat-rated

Military Officers Association of America

Major Richard Star Act (S.344/H.R.1282)

Would authorize receipt of DoD retirement pay without an offset for those injured in combat and forced to medically retire.

- Right now, retired pay is reduced for every dollar of disability pay from VA
- DoD is responsible for retired pay for vested years of service/VA is responsible for disability compensation for lifelong injury. These are two different payments for two different purposes.



Dependency & Indemnity Compensation (DIC)

- SBP-DIC Offset (Widow's Tax) IS NO MORE!!!
- Survivor (Spouse) benefit if:
 - Active-Duty death
 - Veteran passes from a service-connected disability
 - Veteran rated 100% "permanent & total" for 10 years
- 2023 Rate = \$1562.73 per month (tax free)

Rare SBP open season going on now



- Ends January 1, 2024
- Can enroll or discontinue
- Must pay back payments + interest



PACT Act

- The Sergeant First Class Heath Robinson Honoring Our <u>Promise to Address Comprehensive Toxics Act</u>
- Signed Aug 10th, 2022, by President Biden
- Original burn pit exposure presumptive conditions (asthma, rhinitis, and sinusitis)
 - Adds head, neck, respiratory, gastro-intestinal, reproductive, lymphoma, and lymphomatic cancers of any type, plus kidney and brain cancers, melanoma, and granulomatous disease (blood)
 - At the Secretary's discretion other conditions can be added
- Expands Agent Orange and radiation exposure locations



New Agent Orange Diseases

- Hypothyroidism, Bladder Cancer, and Parkinsonism
- https://www.publichealth.va.gov/exposures/agentoran ge/conditions/
- Still waiting on Hypertension for all (now a presumptive for terminally ill, homeless, under extreme hardship, or over 85 years old)

- Remaining Vietnam Vets in Oct 2026

• Blue Water Navy now implemented for submariners



Arlington National Cemetery

- DOD administers two cemeteries, VA runs 155, but only DOD can provide the honors equivalent to ANC.
- 2020 Changes for internment (burial) eligibility were proposed that would exclude most veterans and retirees from burial.
- The southern expansion project extends ANC's life for at least 40 years with current eligibility standards.

SUPPORT H.R. 1413 "Expanding America's National Cemetery <u>Act"</u>

- Transforms an existing VA-run national cemetery into the nation's next National Cemetery
- VA will administratively run the facility and DOD will provide ceremonial support
- Recommends maintaining current ANC eligibility until the next location is designated and operational

MOAA's Legislative Action Center

Action Center Tutorial Return to MOAA.org Sign Up



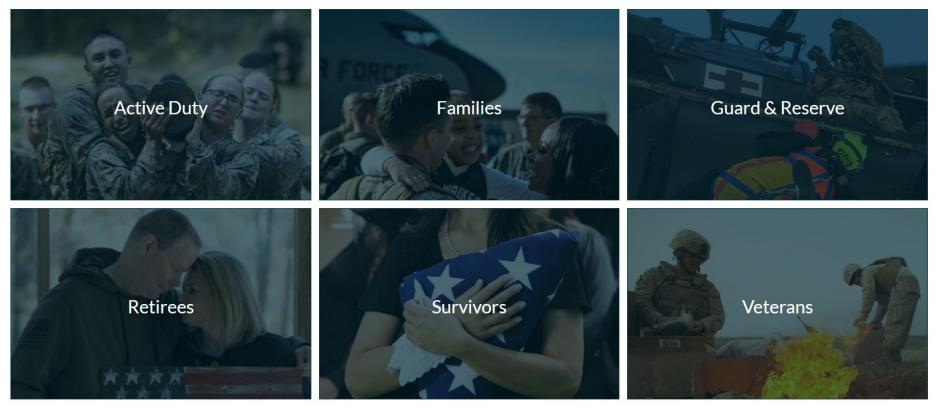
Active Legislative Campaigns

| Help MOAA Fight Cuts to the TRICARE Pharmacy Network Urge your elected officials to take action to reverse cuts to the TRICARE Pharmacy network. | Write |
|--|-------|
| Urge Your Legislators to Pay Full Housing Costs for Servicemembers MOAA seeks to restore the Basic Allowance for Housing (BAH) to 100%. Our nation expects 100% from servicemembers and we need to ensure they get 100% of their housing allowance by supporting BAH restoration. | Write |
| Contact Your Legislators and Urge Them to Support the All-Volunteer Force This year is the 50th anniversary of the all-volunteer force (AVF) and it should be a celebration, not a recruiting crisis. | Write |
| Urge Your Elected Officials to Fix the TRICARE Young Adult Coverage Gap This bill would expand TRICARE eligibility to young adult dependents up to age 26, bringing TRICARE in line with commercial plan requirements. | Write |
| Share Vour Story Impact of TDICADE Dharmacy Natwork Changes | |



MOAA's Legislative Action Center

Key Advocacy Issues





MOAA's Legislative Action Center

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MOAA-Supported Legislation

MOAA's experts in Washington are constantly reviewing and assessing any and all legislation that may impact the earned pay, benefits, and support programs of the uniformed services and veteran communities. The organization's endorsement process is deliberative; MOAA will not support or oppose any legislation without a thorough review of its potential effects, positive or negative.

With the start of a new Congress, this means that the list of bills below will be blank at the start of the 118th Congress; any bill that was not signed into law before the end of the 117th Congress will need to be re-introduced. MOAA will need time to assess new and old legislation as it is introduced by lawmakers. Check back in soon to see what bills MOAA supports in the 118th Congress.

|]i | MOAA-Supported Legislation | | | | | | | |
|----------------|---|---------------------------|--|----------------------|-----------------|--|--|--|
| Sea | Search by title Q ± Do | | | | | | | |
| ອ | ви | Last Timeline Action Date | Last Timeline Action | Number of Cosponsors | Source Link | | | |
| 1 | H.R. 1282: Major Richard Star Act | 06/21/2023 | Committee Consideration and Mark-up Session Held | 325 | External Link 🖉 | | | |
| 2 | H.R. 1139: GUARD VA Benefits Act | 03/29/2023 | Subcommittee Hearings Held. | 116 | External Link 🖓 | | | |
| 3 | H.R. 1277: Military Spouse Hiring Act | 03/01/2023 | Introduced in House | 94 | External Link 🖉 | | | |
| 4 | H.R. 1045: To amend title 10, United States Code, to improve dependent coverage under the TRICARE Young Adult Program. | 02/14/2023 | Introduced in House | 69 | External Link 🕑 | | | |
| 5 | S. 344: Major Richard Star Act | 02/09/2023 | Introduced in Senate | 67 | External Link 🖙 | | | |
| 6 | H.R. 542: Elizabeth Dole Home Care Act of 2023 | 03/29/2023 | Subcommittee Hearings Held. | 56 | External Link 🖓 | | | |
| 7 | H.R. 1413: Expanding America's National Cemetery Act of 2023 | 03/30/2023 | Referred to the Subcommittee on Disability Assistance and Memorial Affairs. | 54 | External Link | | | |
| 8 | H.R. 2537: BAH Restoration Act | 04/06/2023 | Introduced in House | 53 | External Link 🖾 | | | |
| 9 | H.R. 1083: Caring for Survivors Act of 2023 | 03/20/2023 | Referred to the Subcommittee on Disability Assistance and Memorial Affairs. | 41 | External Link 🖉 | | | |
| 10 | S. 596: Military Spouse Hiring Act | 03/01/2023 | Introduced in Senate | 35 | External Link | | | |
| 11 | H.R. 3617: To amend title 10, United States Code, to expand the authority to | 05/73/2023 | Introduced in House | 24 | Evternal Link 📝 | | | |

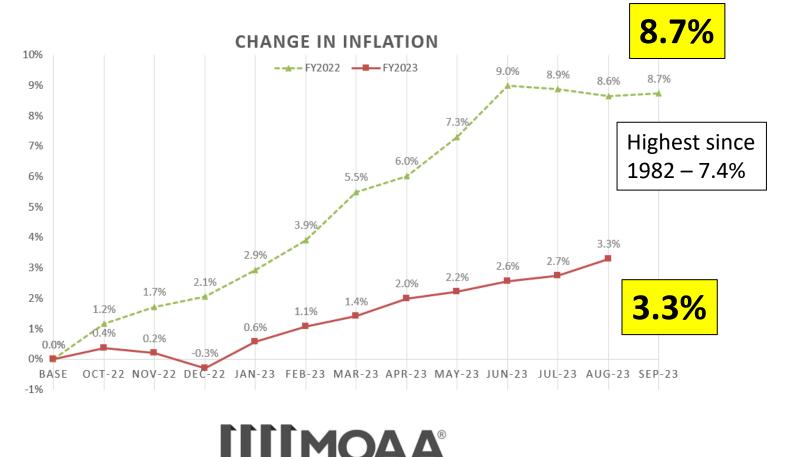


Templated Letters on Issues

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|--|--|--|--------------------|---------|
| | | | | |
| Ask Your Lawmakers to Avoid a Government Shutdown and Finish the Appropriations Pro | ess | 219 needed to reach next goal | | |
| Ask your lawmakers to pass the budget or a continuing resolution by the September 30th deadline. Failure to do so could result in disruptions to services, furloughs for federal employed | ees, and other unintended consequences. | The second s | | |
| Act now! Welcome to MOAA's Legislative Action Center! Please fill out the following information to join our advocacy network. We encourage you to use your MOAA associated email address first Name | to assist with recordkeeping. Last Name | | | |
| First Name | Last Name | | | |
| Physical Address (Example: 201 N. Washington Street, Alexandria, VA 22314) | Email | | | |
| Street Address, City, and State | Email | | | |
| Cell Phone Number | | | | |
| 🚾 +1 | | | | |
| Status - What is your connection to the uniformed services community? | | | | |
| Select | | | | |
| Branch of Service - What is the branch of service of you or your servicemember? 0 | | | | |
| Select | | | | |
| Component - What is the component of you or your servicemember? 0 | | | | |
| Select | | | | ~ |
| Grade - What is the service grade of you or your servicemember? 0 | | | | |
| Select | | | | ~ |
| MOAA Chapter - Select if you are a member of a MOAA council or chapter. | | | | |
| Select | | | | |
| Thank you for joining our campaign. By providing your mobile phone number you consent to receive recurring text messages from our organization. Message & Data Rates May Apply, Text HELP for Info. Text You and MOAA's 360,000+ members are why MOAA's voice is heard in the halls of Congress. If you want to learn more and stay up-to-date on MOAA's latest advocacy initiatives yo | | | | |
| | Submit | | | |



COLA Watch



Military Officers Association of America



Benefits Issues and Frequently Asked Questions



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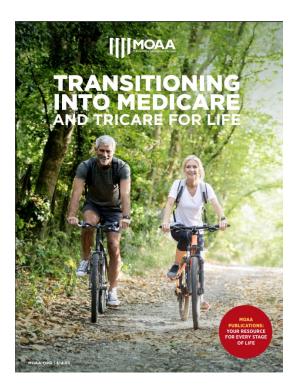
MOAA Publications

Not a MOAA member? Premium and Life members can access all MOAA publications. Learn more about membership benefits, and how to join or upgrade, at this link.

MOAA provides the guidance you need on a variety of topics. Find the publication you need in any of the subjects below. Looking for more information? Visit our News Listing, or check out the digital version of Military Officer.

- Personal Finance
- Military Benefits
- Transition
- Survivor Issues
- Chapters
- Spouse and Family





Our most popular publication -Redesigned and updated in 2023



Medicare/TFL FAQs

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our loved

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lorsed life

will this plan work with TFL?

FRICARE for Life is the supple

me your secondary payer

dicare plan. This means that you do not wan

w other Medicare supplement plan, known as

Medigap plans. Medicare will continue to be your primary payer, but instead of TFL paying second,

your Medicare supplemental insurance will be-

If you do decide to purchase another Medicare

upplement, however, Medicare will continue to e your primary payer. If there is still an outstand

your supplemental policy have paid, you will be responsible for paying that balance and then filing

a claim for reimbursement with TFL. If you have

he MOAA Mediplus supplement plan, this plan

stops at age 65. It does not work as a supplement

ing balance on your claim after Medicare and

Q Does TEL have a henefit for long-term care No. TFL, like Medicare, has a benefit for skilled care in a skilled-nursing facility but this should not be confused with long-term care. The TFL benefit applies to care ordered by a physician in a TRICARE-participat-ing facility that provides rehabilitative or skilled-nursing services to help patients re after a minimum three-day hospital stay This type of care is meant to lead to a patient's full recovery. Custodial care - assistance in activities of daily living such as eating, bathing, dressing, and ambulating - is not covered by Medicare or TFL. For that type of care, consider buying long-term care insurance. You might have to meet certain medical underwrit litions as determined by the insurance industry.

10 | MOAA.ORG | Transitioning Into Medicare and TRICARE For Life

for Medicare plans or TFL. Spouses and famil members under age 65 can continue the MOAA coverage, as long as they have TRICARE Prime of Select coverage. Call the administrator for your Mediplus plan to coordinate the changes in your status at (800) 247-2192

Q. How do I confirm that TFL has been "turned on"? There are two ways to check that TFL is active. 1) After receiving your Medicare insurance card in the mail, schedule an appointment at a local ID card office since you need a new ID card anyway. Show the clerk your Medicare card and ask them to check DEERS for TFL enrollment 2) Log into the milConnect website https:// milconnect.dmdc.osd.mil/milconnect/ and click or 'View my healthcare coverage.

Q. What is TRICARE Plus?

Some military treatment facilities (MTFs) the capacity have the capacity to offer a primary-care affilto offer a iation program called TRICARE Plus. While enrolled in Medicare Parts A & B, TRICARE Plus primary-care allows you to enroll at an MTF for primary care Enrolling in TRICARE Plus does not affect affiliation program your eligibility for TFL, TRICARE Plus is deter called mined on a space-available basis, which differs from one MTF to another. Check with your local TRICARE Plus to those MTF for more information and to determine whether it offers the program. enrolled in Medicare

Q. I am in the Uniformed Services Family Health Plan Parts A & B. (USFHP), How does Medicare/TFL impact me?

Beneficiaries enrolled in USFHP before Oct. 1, 2012, can be grandfathered into the program for life. However, USFHP recommends that each beneficiary enroll in Medicare Parts A & B at 65 so that if, later in life, you decide to move out of a USFHP coverage area, you will not incur the Medicare premium penalty. USFHP enrolles after Oct 1. 2012 age out like all TRICARE bene ficiaries and must enroll in Medicare to re TEL.

Q. I get my health care at a VA hospital. Do I need Medicare/TFL?

ving care through the Vete ealth Administration (VHA) must decide whether they believe they'll be satisfied with VHA for the rest of their lives, or whether they should they enroll in Medicare/TFL at 65 to avoid the emium nenalty For example if at are 70 thes ecide VHA is no longer satisfying their medical needs, a veteran in that situation would incur a 50% Medicare premium penalty to enroll at 70.

Q. I'm turning 65 and plan to continue working. Must I enroll in Medicare Parts A and B and draw my Social Security benefits?

You may defer enrollment after age 65 without nalty only if you still are working and are covred by your own or your spouse's employer-spor red health care plan. You eligible for **TRICARE** during this period of work after age 55. but your eligibility will be restored once

Some military

treatment

(MTFs) have

facilities

You don't have to draw Social Security benefit before enrolling in Medicare. The Social Security full retirement age is gradually increa ng beyond age 65, based on your year of birth. Although the retirement age is rising, 65 mains the starting date for Medicare igibility

Retirees may enroll in Medicare independent of receiving their Social Security benefits. While you may defer receipt of Social Security enefits you still must enroll in Medicare to tain TRICARE eligibility. Failure to enroll in Medicare upon eligibility results in a penalty of 10 percent of the cost of Medicare Part B for each year of delayed enrollment

Q. I'm turning 65 and plan to enroll in Medicare. I want to wait until my full retirement age to collect Social Security benefits. How can I pay my Medicare Part B premiums? If you delay receipt of Social Security benefits

after age 65, the Social Security Administration will bill you for Part B premiums. You may pay by personal check, with a credit or debit card, or by setting up an automatic withdrawal option through Medicare Easy Pay.

at Into Medicare and TRICARE For Life | MOAA.ORG



New Survivor Checklist

A Checklist for Survivors

When a family member dies, the last things on your mind are taxes and notifying pension-plan adminstrators. But even as you grieve, it's essential you begin taking steps to tie up the affairs of your loved one.

Keep this checklist on hand to refer to when dealing with a death in the family. While not exhaustive, this list is intended as a reminder for family members and surviving spouses about the many subjects that need attention at the time of death of a MOAA member.

Immediately After Death

- Locate will and any written instructions, especially those pertaining to funeral and burial plans.
- Locate account numbers (bank, retirement accounts, insurance policies, credit cards, utilities, etc) and important papers, like the service member's DD214.
- Contact the deceased's doctor to get a legal pronouncement of death.
- Tell family and friends, as well as the deceased's most recent employer (if applicable).
- Call a clergyperson (if desired).
- Contact a funeral director. Most are familiar with VA/ state cemetery procedures and can assist with military honors.
- Place obituary via a local newspaper (print and/or online) or other online outlet (your funeral director may be able to assist).
- Contact the service branch's casualty assistance office.
 - Army Casualty Assistance: 888-ARMYHRC (276-9472)
 - Marine Corps Casualty Assistance: 800-847-1597
 - Navy Casualty Assistance/Family Liaison: 800-368-3202
 - Department of the Air Force Casualty Assistance (Air Force and Space Force):
 - 800-525-0102, select Option 2, then Option 1
 - Coast Guard Casualty Assistance: 571-266-2375
 - Veterans Affairs Office of Survivors Assistance: 800-827-1000
- Keep bank accounts open and leave funds in them.

Within A Few Days of Death

- Obtain death certificates; you'll need around 10 copies. The funeral home generally can get copies on your behalf.
- Report military retiree's death and file for prorated portion of last retiree paycheck.
 - Call Defense Finance and Accounting Service (DFAS) Customer Care Center at 800-321-1080.
 - Call U.S. Coast Guard Pay & Personnel Center (for Coast Guard, U.S. Public Health Service, and NOAA) at 866-722-8724.
 - You will need to file form SF 1174 with DFAS, or form CG-3867 for Coast Guard, U.S. Public Health Service, and NOAA.
- Notify accountant, tax preparer, attorney, and other professionals.
- Contact Survivor Benefit Plan (SBP) to start the annuity or inform of the death of an annuitant, contact the pay agency directly.
 - Army, Navy, Marine Corps, Air Force, and Space Force should contact DFAS.
 - You'll need to file a DD 2656-7, IRS W-4P, Direct Deposit SF 1199A or FMS 2231 along with a death certificate.
 - Coast Guard, U.S. Public Health Service, and NOAA should contact the Coast Guard Pay and Personnel Center.
 - You'll need to file a CG 1884, IRS W-4P, Direct Deposit SF 1199A or FM 2231 along with a death certificate.
 - Reserve Component Survivor Benefit Plan (for those who are enrolled in RCSBP but not yet receiving retired pay):
 - Army: U.S. Army Human Resources Command, 888-276-9472
 - Marine Corps: 800-336-4649
 - Navy: 866-827-5672
 - Air Force: 800-525-0102
 - Coast Guard: 800-772-8724
- Notify the VA of a beneficiary's death. If the veteran's death may have been related to a service-connected disability, contact the VA regional office at 800-827-1000.



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Events/Webinars



MOAA Webinar: Smart Charitable Giving and Gifting OCTOBER 03, 2023 | 2:00 PM - 3:00 PM EDT

Whether via estate planning, trusts, or other tax-friendly avenues, learn how to give wisely.





Network for Career Success With MOAA OCTOBER 04, 2023 6:30 PM - 9:00 PM EDT

Army Navy Country Club 1700 Army Navy Drive Arlington, VA

Join MOAA for an evening of networking and professional development, featuring our transition experts, industry recruiters, and more!

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October 2023 Military Executive Transition Seminar (Remote)

Session I: Oct. 17, 12:30-5 p.m. Eastern; Session II: Oct. 18, 9 a.m.-2 p.m. Eastern (Both sessions included in seminar registration)

This two-day workshop focuses on key aspects of a successful military-tocivilian transition for military leaders and for veterans looking for advancement in the civilian careers.

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What You Need to Know for the TRICARE, Medicare, and FEDVIP Open Season

OCTOBER 24, 2023 2:00 PM - 4:00 PM EDT

Get an in-depth review on important topics, guidance on comparing prices, and much more.



Get Organized for a Smooth Military Transition OCTOBER 25, 2023 | 2:00 PM - 3:00 PM EDT

Ditch the dusty binders and learn how Everplans can streamline and secure your information.

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Continue Your Mission at Delta Dental OCTOBER 26, 2023 | 12:00 PM - 1:00 PM EDT

Learn about diverse and challenging career opportunities from this militaryfriendly industry leader.

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Webinar Archives

FEATURED WEBINAR ARCHIVES



FULL WEBINAR ARCHIVES BY SUBJECT

Transition and Career: Making the Decision

- Is Franchising Right for You?
- Behind the Scenes With the REAL 'Top Gun'
- The R. Riveter Story: From a Military Spouse Movement to 'Shark Tank' Survivor
- Is Career Coaching Right for Me?
- What a Looming Recession Means for Your Job Search
- Understanding the VA's VR&E Program
- Certifications and Credentials: Make Yourself More Marketable
- Career Transition 2022: Tips to Kick Off the New Year
- Your TSP and 401(k): What to Do When You Switch Jobs
- Marketing Yourself for a Second Career (2021)
- Transition Tips From an Executive Corporate Recruiter
- Finding and Obtaining Remote Work With FlexJobs
- Finding Your Next Great Job With the Help of an ACP Mentor
- Your Leader's Compass: Why All Leaders Need a Personal Leadership Philosophy
- The Importance of Choices: Job, Location, and Compensation
- Your Career and the Power of Mentoring

Transition and Career: Which Business Sector?

- Exploring Careers in the Financial Services Industry
- Small Business Ownership Tools and Resources
- Advice for Aspiring Authors
- Top 10 Tips for Finding a Federal Job (2023)
- Exploring Diplomatic Career Opportunities at the State Department
- Exploring Registered Apprenticeship Programs with FASTPORT
- Exploring Academia and Higher Education Careers
- Which Engineering Specialty Is the Right Fit for You?
- How to Land a Federal Senior Executive Service (SES) Position
- Explore Opportunities in Franchising
- Is Cybersecurity the Right Career Fit for You?
- Local Government Career Opportunities for Transitioning Servicemembers, Veterans, and Military Spouses
- Explore the Aerospace Industry
- Not Just Teaching: How to Start Your Career in Higher Education
- Career Transition and Advancement for Attorneys
- Which Business Sector is Right for You?
- Tips and Techniques on How to Find Your Federal Job
- Entrepreneurship 101 By Bunker Labs D.C.
- Apprenticeship Programs and Careers
- MOAA Panel Discussion: Exploring Entrepreneurship
- · Veteran Opportunities in Employment, Education, and Entrepreneurship in Agriculture

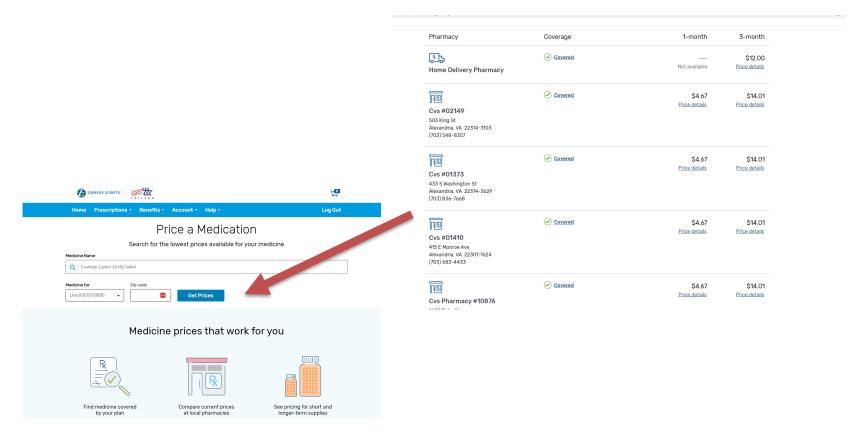


Pharmacy Increases: Phased Increases Over 10 Years / Adjusts Even Years

| | 2020- 2021 | 2022- 2023 | 2024- 2025 | 2026 Proposed Rate | | | |
|------------------------|---------------|---------------|---------------|--------------------------|--|--|--|
| MTF Pharmacy (90-days) | 0 | 0 | 0 | 0 | | | |
| Retail (30-days) | | | | | | | |
| Generic | \$13 | \$14 | \$16 | \$16 | | | |
| Brand | \$33 | \$38 | \$43 | \$48 | | | |
| Non-Formulary | \$60 | \$68 | \$76 | \$85 | | | |
| Mail Order (90-days) | | | | | | | |
| Generic | \$10 | \$12 | \$13 | \$14 | | | |
| Brand | \$29 | \$34 | \$38 | \$44 | | | |
| Non-Formulary | \$60 | \$68 | \$76 | \$85 | | | |



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https://www.express-scripts.com/frontend/consumer/#/drugpricing

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